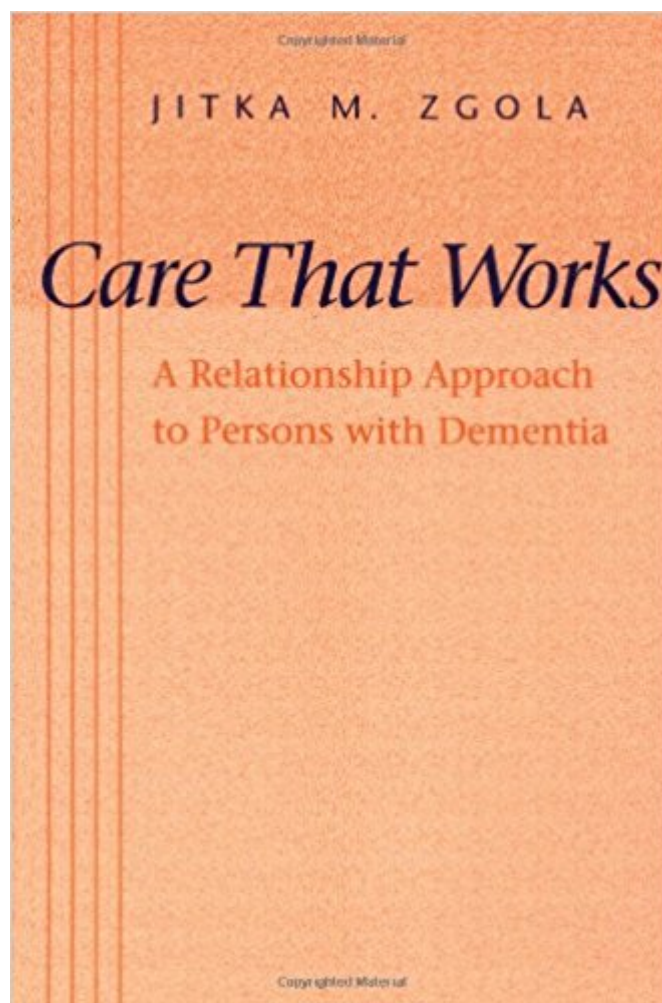


The book was found

# Care That Works: A Relationship Approach To Persons With Dementia



## Synopsis

In her widely acclaimed *Doing Things*, Jitka M. Zgola offered practical and much-needed advice for those caring for persons with Alzheimer disease. Now, in *Care That Works*, Zgola shows how caregivers can better meet the demanding challenges of their job by building and improving their personal relationships with those in their care. Instead of simply prescribing approaches, *Care That Works* gives caregivers the information with which they can develop their own approaches, evaluate their effectiveness, and continue to grow in skill and insight. Zgola explains that optimal dementia care involves three elements: a good relationship between the caregiver and the person who has dementia, a safe and nurturing environment, and meaningful activities. Evident throughout the book is Zgola's gift for compassionately portraying the difficulties faced by people with dementia and then suggesting ways to act in a manner that accords such people the respect and dignity they deserve. Topics that receive special attention include communicating with persons who have language deficits and coping with problem behaviors—two critical problems in dementia care.

## Book Information

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Average Customer Review: 4.4 out of 5 stars— See all reviews— (5 customer reviews)

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## Customer Reviews

Excellent! I've worked professionally with persons with Alzheimer's disease and their families for almost 20 years and this is one of the most comprehensive and useful books to come along in recent years. Ms. Zgola has done it again! Her first book "Doing Things" set the standards for realistic and meaningful interaction with persons with dementia and her new book continues in the same ground breaking manner. Her insight and practical approaches to caregiving help both the

personal and professional caregiver maximize the remaining abilities of the person with dementia. A "must read" for anyone who works with or knows someone with dementia.

This is the most practical and informative book about caring for persons with Alzheimer's I have seen. It helped me see the person I am caring for as someone who is trying hard to cope with problems. Now that I can understand more clearly what he is dealing with, I am better able to help him instead of just doing things for him. It is informative, enjoyable and even made me laugh. I loved it and will keep referring to it often.

This book is very helpful in dealing with dementia patients. It gives a more humane point of view. A good addition to my library!

Didn't add much to the body of knowledge for a care giver. Would not recommend it for someone just learning about care giving

I had to have this for a class and it really is a good read. The approach they discuss is very affective in many cases.

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